

Girls State Rules

1. Upon her arrival at Girls State, no citizen shall be permitted to leave the campus of Northwest Nazarene University except as follows:
 - On organized group trips under the leadership of Girls State Staff.
 - In case of emergency.
 - Upon State Business and then only with a written permit signed by the Director and the Citizen's counselor.
2. No citizens are permitted outside their dorm after the City Meetings. In case of an emergency, she shall notify her counselor immediately.
3. As a guest of the University, citizens shall observe all campus and equipment rules, and respect university property.
4. Each citizen is responsible for the neatness of her room and shall have it ready for inspection each morning. Evidence of her occupancy shall be disposed of before vacating her room on the final day of the session.
5. Every citizen is expected to attend all sessions, all committee meetings and all ceremonies of the ALA Idaho Syringa Girls State program, including Flag Raising and Flag Retreat. Marching to and from the Flag Ceremonies shall be performed in a quiet and orderly manner.
6. Every citizen will pay proper respect to the Flag.
7. Girls State materials shall be taken to all sessions.
8. Prayers and Grace are offered on a voluntary basis. Each citizen shall be respectful to those who choose to offer Prayer and Grace.
9. Each citizen shall write a letter of appreciation to her sponsoring Unit and Contributors.
10. Each citizen must report any illness or injury to her counselor immediately.
11. Proper respect and courtesy shall be shown at all times to the special guests of Girls State, Girls State Director, Counselors and Staff.
12. Cell phones may be used as cameras during the day. Texting, calling and charging are only allowed at night after all activities are completed. Cell phones may be confiscated if these rules are broken.
13. Syringa Girls State delegates are encouraged to make uplifting, positive posts to their personal social media sites, including Facebook, Blogs, Twitter and Instagram. No posting of inappropriate, derogatory or abusive language should be posted on any social media website regarding staff members, fellow citizens, or Girls State activities.
14. Absolutely **NO ALCOHOL, TOBACCO, ILLEGAL DRUG OR NON-AUTHORIZED PRESCRIPTION DRUG** use is permitted or allowed.
15. Absolutely no boys are allowed in the dorms at any time.
16. Absolutely no harassment of any kind: sexual, sexual orientation, race or religion will be tolerated.
17. Every citizen will carry a photo ID at all times.
18. Violation of any rule of the American Legion Auxiliary Idaho Syringa Girls State Program and/or Northwest Nazarene University will result in discipline of the offending citizen up to and including immediate expulsion at the sole discretion of the Girls State Director. If any citizen is sent home, she will be responsible for the expense.

**American Legion Auxiliary Idaho Syringa Girls State
Daily Professional Attire Requirements
for everyone who attends Girls State.**

***There are rules governing professional attire on America's House and Senate floors. Men must be in a suit and tie. Women's dresses must be knee-length and cover the shoulders and cleavage. Suit jackets or sweaters must be worn with slacks. One of the highlights of Girls State is to match the professional attire of the numerous civic leaders we meet and learn about throughout the week. Your professional appearance, as a citizen of Girls State, reflects your dedication and appreciation for the other Girls State citizens, yourself, volunteer staff, and the political leaders you will represent.**

EXPECTED PROFESSIONAL ATTIRE FOR ALL THOSE ATTENDING GIRLS STATE

- 1. Knee-length skirts or dresses with sleeves that cover shoulders and no cleavage showing**
- 2. Dress pants (no jeans, khakis or shorts)**
- 3. Dress tops with sleeves that cover shoulders, no cleavage showing and not see-through**
- 4. Business footwear (must wear closed toe shoes for safety on capitol day)**
- 5. Casual attire is untorn jeans/slacks with a modest t-shirt/blouse with full cover of shoulders and midriff**

SUNDAY

*Travel Time to Girls State-Please wear comfortable clothing. You will have time to change before we begin.

*Opening Ceremonies-Knee-length dresses or skirts with tops (see above)

*City Meetings-Casual attire (see above)

*No shorts at City Meetings Sunday night please as we will be meeting together again for the Evening Assembly.

MONDAY

*All day- Dresses or skirts (knee-length) or dress pants with tops (see above)

TUESDAY

*All day- Dresses or skirts (knee-length) or dress pants and tops (see above)

*Recreation Night- Casual attire (see above)

WEDNESDAY

*All day- Dresses or skirts (knee-length) or dress pants and tops (see above)

THURSDAY

*Capitol Day- Professional knee-length dresses or skirts (see above)

*Must wear closed toe shoes (No heels or flip flops) for safety concerns

*Talent Night- Casual attire (see above)

FRIDAY

*All day- Dresses or skirts (knee-length) or dress pants and tops (see above)

*Inauguration- Sunday dress or formal/prom dress

REMINDERS

*There are only three times you must wear a dress or skirt during the week as listed above.

*Wear comfortable shoes because we do LOTS of walking! High heeled shoes are not prohibited (except on Capitol Day), but not recommended, trust us. Flip flops are only to be worn during casual attire times.

*Girls who decline to adhere to the above dress code, as signed and agreed to by all citizens and their parent/guardian, may be sent home at their parent's/guardian's expense or not allowed to participate in the Girls State activities.

IDAHO SYRINGA GIRLS STATE QUICK REFERENCE PACKING GUIDE

Bedding/Room Items

- Light sleeping bag or twin sheets and a blanket
- Pillow
- Small alarm clock (you may use the alarm on your cell phone)

Toiletries

- Towels
- Washcloth
- Soap
- Toothbrush/Toothpaste
- Cosmetics
- Hair care products
- Band-aids for blisters
- Required medications
- Feminine hygiene products (even if it is not your “time”- **trust us**)

Clothing Suggestions (6 days worth, see *Daily Dress Requirements for specifics*)

- Light coat/Sweater
- Undergarments, stockings, slip, etc.
- Sleepwear, robe, slippers, shower sandals if desired
- Dresses or skirts (As in the Dress Code)
- Dress pants and tops (Dress Code)
- Formal or Sunday dress for Inauguration
- Casual Clothing (Dress Code)
- Comfortable shoes are A MUST! Closed toed shoes required on Thursday. Flip flops may only be worn with casual clothing, per the Dress Code

Other

- Camera (you may use your cell phone camera)
- Charging cables
- Spending money
- Photo ID
- Items for the Service Project (if you wish to participate)
- An electronic copy of your bill on a flash drive
- NNU Political Science Registration Form (if attending)
- Snacks (completely optional)
- Did you submit your Samsung Scholarship application online?

WHAT NOT TO BRING

- Valuable jewelry or other items
- Large sums of money
- Prepared campaign items



American Legion Auxiliary

Serving veterans, active-duty military, and their families

In the spirit of service, not self, the mission of the American Legion Auxiliary is to support The American Legion and to honor the sacrifice of those who serve by enhancing the lives of our veterans, military, and their families, both at home and abroad. For God and Country, we advocate for veterans, educate our citizens, mentor youth, and promote patriotism, good citizenship, peace and security.

You can join the American Legion Auxiliary if you are:

- The mother, wife, sister, daughter, granddaughter, great-granddaughter, or grandmother of a current member of the American Legion.
- A female veteran who served during any of the conflicts lists below
- A member of the American Legion
- The mother, wife, sister, daughter, granddaughter, great granddaughter, or grandmother of a deceased veteran who served during any of the conflicts listed below.
- Eligibility also applies to step-relatives.

Eligibility Dates

World War I: April 6, 1917-November 11, 1918

World War II: December 7, 1941-December 31, 1946

Merchant Marines: December 4, 1941 to August 15, 1945 only

Korean War: June 25, 1950-January 31, 1955

Vietnam War: December 22, 1961-May 7, 1975

Grenada/Lebanon: August 24, 1982-July 31, 1984

Panama: December 20, 1989-January 31, 1990

Persian Gulf War: August 2, 1990 to the date of cessation of hostilities as determined by the Government of the United States.

Please *print, fill out, sign, and return* the following pages to your sponsoring American Legion Auxiliary Unit.



American Legion Auxiliary
Department of Idaho
Idaho Syringa Girls State, Inc.

2019 Delegate Registration Consent Packet

I, _____ (delegate name) in consideration of the acceptance of this application and the training benefits to be derived by me as a citizen of American Legion Auxiliary Idaho Syringa Girls State, do hereby agree to be in attendance the **entire session** (extreme emergency excepted) and to conduct myself according to the rules and regulations established for the governing of ALA Idaho Syringa Girls State, which is sponsored and conducted by the American Legion Auxiliary, Department of Idaho. **I do not have any applications pending nor will schedule any program that will affect my attendance at ALA Idaho Syringa Girls State.**

Signature of Delegate: _____ Date: _____

Delegate Picture

Delegate Email: _____

Delegate Phone: _____

Emergency Contact Name and Phone:

Insert a picture of yourself here

Staple only please!

Unit Chairman MUST fill out the box below:

For Office Use Only:	
Date Received: _____	Check No. _____
Paid By: _____	Late Fee: _____
Transport: _____	City: _____
Bus No. _____	ID: _____

Unit Chairman Contact Info:	Unit: _____
Name: _____	
Address: _____	
City, State, Zip: _____	
Email: _____	
Phone: _____	

Over The Counter Medication Release

Please note, if your Delegate has a pre-existing illness, or becomes ill during the Session, and is unable to attend any portion of the Session, she will be sent home at her own cost.

I hereby give my permission for my child to receive over-the-counter medications as indicated in the Online Registration form.

Print Name of Parent/Guardian _____ Date _____

Signature of Parent/Guardian _____

OR:

I do NOT give my permission for my child to receive any over-the-counter medication as indicated in the Online Registration form.

Print Name of Parent/Guardian _____ Date _____

Signature of Parent/Guardian _____

To the Parents and/or Guardian of Girls State Delegates

The American Legion Auxiliary Idaho Syringa Girls State Program, sponsored by the Department of Idaho ALA, looks forward to the privilege of registering your Delegate as a citizen of ALA Idaho Syringa Girls State, which will be held on the campus of Northwest Nazarene University, Nampa, Idaho on June 9-14, 2019. The ALA Idaho Syringa Girls State program objective is to instill into our youth knowledge of our government that will properly prepare them to assume the duties of citizenship when they become of legal age.

A competent group of adult leaders will supervise the entire session and take every reasonable precaution for the health and safety of each ALA Girls State Citizen. The ALA Idaho Syringa Girls State Board carries an insurance policy; generally, this policy will not cover injuries suffered by any Girls State citizens as a result of her own willful conduct, or while she is absent from the session without leave, or suffered while she is engaged in any action which is in direct violation of the rules and regulations adopted by the ALA Idaho Syringa Girls State Board for the safety and proper functioning of the ALA Girls State program. This summary of the insurance policy is informational only; its specific coverage terms prevail over any statements made by ALA Idaho Syringa Girls State. The ALA Idaho Syringa Girls State Program and/or the American Legion Auxiliary will not be responsible for any illnesses, dental issues or loss of eyewear. To further stress the importance of health and safety upon your Delegate and as a reasonable safeguard to the ALA Idaho Syringa Girls State Program and American Legion Auxiliary, you are asked to sign the following release:

FULL RELEASE OF ALL CLAIMS

In consideration of the training, education, and benefits derived by my Delegate, I do hereby expressly waive any and all claims or causes of action which I may or might have against the ALA Idaho Syringa Girls State Program and/or the American Legion Auxiliary, Department of Idaho, or any of their officers, directors, counselors, staff and representatives on account of any accident or injury or other damage that may be incurred by my Delegate in connection with or incident to any activities whatsoever in relation to said organization or its representatives. The ALA Idaho Syringa Girls State and/or the American Legion Auxiliary does not assume liability for any girl while she is attending ALA Idaho Syringa Girls State.

Print Name of Parent/Guardian

Date

Signature of Parent/Guardian

Transportation and Release Form

Chartered buses will be provided for those delegates living more than 100 miles from the Boise area. The time and places for departure and arrival of the buses is provided on the www.idahogirlsstate.com website. Please note the Girls State Session begins on Sunday, June 9, 2019 and ends on Friday evening (approximately 11:00pm), June 14, 2019 after the Inauguration Ceremony. Therefore, many girls will board or disembark from the bus in the early/late hours of the morning/night. It is the responsibility of the parent/guardian (or designated representative) to be at the designated pick-up/drop-off station at the provided time of bus arrival. We suggest they arrive at least 15 minutes early. Parent/Guardians who will be at the Inauguration Ceremony on Friday night may take their Delegate home with them, provided the Girls State Session Coordinator has been notified. Please notify her by email at IdahoALAGSSecretary@gmail.com.

Delegates who live within 100 miles of Boise are responsible for arranging their own transportation to and from the session. Delegates are **NOT** allowed to drive themselves to ALA Girls State and/or NNU.

The selection made on the Online Registration Form will stand unless the ALA Girls State Session Coordinator is notified. We understand that plans do change, so please ensure that any changes are emailed to the Coordinator at IdahoALAGSSecretary@gmail.com as soon as possible.

I am aware that I am responsible for my Delegate before and after she boards or disembarks from the bus to and from Northwest Nazarene University and relieve ALA Idaho Syringa Girls State and the American Legion Auxiliary of all liability. I relieve ALA Idaho Syringa Girls State and the American Legion Auxiliary of all liability to and from Northwest Nazarene University, the State Capitol Building in Boise, and any other activity. I also relieve all liability if my Delegate receives a Gubernatorial Appointment and is transported by state or private vehicle from the Capitol Building to the governmental office/location.

Print Name of Parent/Guardian

Date

Signature of Parent/Guardian

Cancellation & Refund Policy

If your Delegate is unable to attend ALA Idaho Syringa Girls State, you are required to notify the ALA Girls State Session Coordinator by **May 15, 2019**. Failure to do so will result in **YOU REIMBURSING** the expenses incurred by the sponsoring American Legion Auxiliary Unit, up to and including \$375.00. All cancellations regardless of funding source or reason are subject to a minimum one-hundred dollar (\$100.00) non-refundable portion of the delegate fees due to program costs already incurred. _____ **Parent/Guardian Initial**

Compliance of Rules:

In consideration of the training, education and benefits to be derived by me as a citizen of the American Legion Auxiliary, Idaho Syringa Girls State program, I hereby agree to conduct myself appropriately at all times. My parents/guardians and I have read the Girls State Rules enclosed herewith, and I agree to abide by, conform to, and obey the rules and regulations established for and governing the American Legion Auxiliary Idaho Syringa Girls State program. _____ **Delegate Initial**

Media Release:

I hereby give my permission to the American Legion Auxiliary Idaho Syringa Girls State program to use my Delegate's name, city, school, state and picture(s) both individual and in groups, in news releases for radio, newspaper, television and on the Department (Post/Unit) Web site, including social media and websites regarding attendance and participation in the ALA Idaho Syringa Girls State Program.

_____ **Parent/Guardian Initial**

By signing below, we agree to the above policies and procedures.

Printed Name of Delegate

Delegate Signature

Date

Printed Name of Parent/Guardian

Parent/Guardian Signature

Date

Liability Release

I, the undersigned parent/guardian do hereby authorize the American Legion Auxiliary Idaho Syringa Girls State Program to secure any necessary medical care needed for my Delegate should the need arise due to any disability or accident during her stay at ALA Idaho Syringa Girls State. The Chairman and/or Director are authorized to facilitate emergency medical care when attempts to reach the authorized adults are not successful.

We also release the Idaho Syringa Girls State Corporation and the American Legion Auxiliary Department of Idaho from any liability in connection with the treatment or aid rendered to my Delegate by any physician, hospital or clinic.

Printed Name of Parent/Guardian

Date

Required signature of Parent/Guardian

HEALTH AND ACCIDENT INSURANCE INFORMATION

The following information concerning health and accident insurance held by the parent/guardian is necessary to facilitate care and treatment of the delegate in case of emergency:

Name of Insurance

Company: _____

Address of Insurance Company: _____

Policy or certificate number: _____

Name of parent/guardian employer: _____

If you do not have insurance, please initial here: _____

I, the parent/guardian of the above named Delegate, do hereby certify that the statements contained herein are true and correct to the best of my knowledge.

Printed Name of Parent/Guardian

Required signature of Parent/Guardian

Date